

Interested in Learning How to:
Eat Healthy? Garden? Take Care of the Environment We Live in?
Join us for *Sustainable Me, Sustainable World!*

What Is It?

A club focused on learning healthy habits to take care of ourselves and the environment we live in. Don't know what sustainable is? It's okay, we'll be learning that too!

When Is It?

MONDAYS after school (twice a month) from 3:30-4:30. First meeting for new members on September 28. (Note: *Returning members will meet on September 14*)

Where Is It?

In school and the garden on school grounds. (*Specific room to be announced prior to 1st meeting*)

Who Is It For?

All interested students in Grades 2 through 4.

Who Is Leading It?

Parent Advisor – Mrs. Thetford, nutrition educator

Teacher Advisors – Ms. Bray, Mrs. Lealiou, and Mrs. Skowanderson

If you're interested in joining Sustainable Me, Sustainable World! please complete and return the form below by Monday, September 28 to Ms. Bray (Rm 102). If you have any questions, please do not hesitate to contact Mrs. Thetford at either deethetford@gmail.com or (920) 360-7151 or Mrs. Lealiou at kelsleal@hssd.k12.wi.us

We look forward to seeing you at our first meeting on September 28!
Mrs. Thetford, Ms. Bray, Mrs. Lealiou, and Mrs. Skowanderson

My child has permission to join Sustainable Me! Sustainable World! the club focused on healthy habits for ourselves and our environment at Meadowbrook Elementary. The club will meet twice a month on Monday afternoons from 3:30pm to 4:30pm beginning September 28. (A detailed meeting schedule is available on our weebly@ <http://smswclub.weebly.com>)

Child's Name: _____ Grade: _____

Parent's Signature: _____ Date: _____

Contact Phone Number(s) (*Required*): _____

Contact E-mail Address: _____

At most meetings, we will sample healthy food related to our topic. Please note any food allergy or sensitivities that we should be aware of:
