



Howard-Suamico School District Meadowbrook ELEMENTARY

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"LEARNING AND GROWING TOGETHER"

Current Newsletter

2017/2018 Newsletters

2016-2017 Previous Newsletters

2015-2016 Archived Newsletters

April 26, 2018 Print Newsletter

Volume 7; Issue 31

Everything you need to know about Meadowbrook Elementary is found on our website: [Meadowbrook](http://www.meadowbrook.hssd.k12.wi.us/)

Food Service Updates/Employment Opportunities

To see what is for breakfast and lunch for the month of April; please [click here](#).
Want to join your child for hot lunch? Please let us know if you would like to order hot lunch; by notifying the office no later than 9:00 am on the day you plan to visit. You are also welcome to bring in lunch to enjoy with them.
If you enjoy spending time with children, being physically active, and having extra spending money, consider working for the HSSD Food Service. Applications are currently being accepted for a part-time Food Service Assistant or substitute. Refer to the district web site at <https://www.applitrack.com/hssd/onlineapp/> for application links, or contact Kari Alvey, Food Service Manager, at 662-7702 for more information.

Teacher Appreciation Week



Teacher Appreciation Week is coming up May 7th-11th. We would like to show our appreciation for all of the staff at Meadowbrook during this week. Please consider donating an item using the sign-up link below to help make their week special.

<http://www.signupgenius.com/go/30e0f4bacad2da5fa7-teacher>

Thanks,
PSA & Staff Acknowledgment Committee

From your School Board



Thank You-

On April 3, 2018, the communities of Howard and Suamico approved the operational referendum, placed on the ballot by the Board of Education. by a 58.6% to 41.4% margin.

Upcoming Events at Meadowbrook

- Fri. Apr. 27 **NO SCHOOL**
- Tue. May 1 Bulldog Bash
 - College Tshirt/Attire Day
 - PSA Meeting 6:30 pm in the library
- Fri. May 4 8:00 am 3/4 Grade Choir Practice
 - Global Day of Design
 - May Birthday Lunch with Mrs. Zimmer
 - Student Council Lollipop Sales
- Mon. May 7 9:00-9:30 am Eickholt Recorder Concert
 - 9:30-10:00 am Geiser Recorder Concert
 - 6:30 pm - 3/4 Grade Choir Concert
- Tue. May 8 5:00-7:15 Welcome to Kinder Event
- Wed. May 9 BIKE to School Day
- Thu. May 10 7:45 am Student Council
 - PSA Sweet Mimì's Fundraiser
- Fri. May 11 7:45 am Studio K.I.D.
 - 8:00 am 3/4 Grade Choir Practice
- Sat. May 12 Student Fan Tunnel at Blizzard Game

Countdown Calendar



The official countdown starts next week! Students will be bringing home a copy of the calendar next week; but in case you need another - please [click here](#).

Anxiety and Fear: Helping Kids who have it

Nine-year-old Ethan was afraid to leave home. The school bus was terrifying, other kids were scary. Ethan was even fearful of the wind!

Ethan's story came to my attention when his parents shared their wonderful success story. As they began to learn more about the Love and Logic approach, they realized that children learn most of life's big and important lessons in three ways... what we often refer to as the "Three E's of Love and Logic."



Jeff Eilers
jeffeile@hssd.k12.wi.us

by the Board of Education, by a vote of 11-0 margin.
Thank you to residents who attended listening sessions, asked questions, and voted. Your engagement demonstrates our communities' interest and dedication to our students, staff and schools.

The results represent a vote of confidence in the vision for the school district and will allow us to address critical needs, including reducing class size, enhancing teacher compensation, and maintaining facilities. We will continue to give regular updates on the referendum.

If you have any questions for the Board of Education, please reach out to your school board member.

Global Day of Design

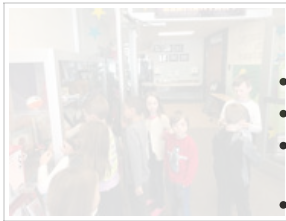


GLOBAL DAY OF DESIGN

Meadowbrook students will be participating in the Global Day of Design being held on Friday, May 4th. Check out this short video for more information.

<https://www.youtube.com/watch?v=3q5Lgc7AF6M&feature=youtu.be>

PBIS Corner "The Bulldog Way"



- What is Sportsmanship? Sportsmanship is defined as:
- playing fair
 - following the rules of the game
 - respecting the judgment of referees and officials
 - treating opponents with respect

Some people define good sportsmanship as the "golden rule" of sports — in other words, treating the people you play with and against as you'd like to be treated yourself. You demonstrate good sportsmanship when you show respect for yourself, your teammates, and your opponents, for the coaches on both sides, and for the referees, judges, and other officials.

But sportsmanship isn't just reserved for the people on the field. Cheerleaders, fans, and parents also need to be aware of how they behave during competition. Sportsmanship is a style and an attitude, and it can have a positive influence on everyone around you.

Win or Lose, Sportsmanship Helps You Get Through

In the last few years, taunting, trash-talking, gloating, and cheap shots have become all too common in sports. You've probably seen athletes who take their own successes too seriously, too. They celebrate a goal with a prolonged victory dance or constantly brag about their abilities.

This is the exact opposite of what sportsmanship is all about. This kind of behavior might make you feel tough or intimidating to an opponent, but keep in mind it can also cause you to lose the match. Plenty of games have been lost to penalties gathered from "unsportsmanlike conduct."

Everyone feels great when they win, but it can be just as hard to be a good sport when you've won a game as when you've lost one. Good sportsmanship takes maturity and courage — when you work really hard at a sport, it's not easy to admit you made a bad play or that someone has more skills than you. In competition — as in life — you may not always win but you can learn something from losing, too.

It's pretty tough to lose, so it definitely doesn't help matters if someone continues taunting you or your team after the competition is over. Sometimes it's hard to swallow your pride and walk on. But there's always the next match.

When you *do* lose — and it will happen — don't take it out on your opponent, blame the officials, or blame your team. Take it in stride. When you lose, lose

Example:

Kids take their emotional cues from the adults around them. Ethan's mom and dad discovered that their anxiety about his anxiety was part of the problem. They realized that all of their reassuring words were actually suggesting to Ethan that his fears were legitimate. Therefore, they replaced their frantic attempts to calm him with consistently modeled confidence and a business-like attitude.

Experience:

Ethan needed to face his fears and experience the fact that he was strong enough to cope. Rather than allowing him to stay inside when it was breezy, Mom and Dad took him to the park and drank hot chocolate together in the wind. Instead of allowing him to avoid other kids and the school bus, they taught him how to share his comic books with other children on the bus.

Empathy:

We all learn best when we're around patient people who demonstrate love and high expectations. Unlike sympathy... which communicates pity... empathy communicates an "I-believe-in-you!" attitude. When Ethan became fearful and tried to avoid things by saying, "I'm scared!" or "I can't do it!" his parents calmly replied, "Aren't you glad that we don't believe that?"

While Ethan made great strides in facing his fears and overcoming them, Mom and Dad admitted that part of the solution needed the involvement of a skilled therapist who helped the entire family remember this eternal truth:

Fear can only be mastered by facing it... not by avoiding it.

In the book, *I've Got What It Takes*, Jim Fay will give you plenty of practical ideas for helping your kids develop an I can do it, I've got what it takes attitude. Thanks for reading! Our goal is to help as many families as possible. If this is a benefit, **forward it to a friend.**

Dr. Charles Fay

2018/2019 Grade Level Updates

We are excited to announce some grade level changes for the upcoming school year; please see below for a summary. (Changes have been bolded)

Kindergarten

Mrs. Barrett
Mrs. Kohnhorst
Mrs. VanDenPlas
Mrs. Basten
Ms. Harding

1st grade

Mrs. Westenberger
Mrs. Hoekstra
Mrs. Riebe
Mrs. Kuffel (looping)
Mrs. Schneeberger

2nd Grade

Mrs. Style
Mrs. Fisher
Mr. Schnobrich
Mrs. Voigt

3rd grade

Ms. Haen (looping)
Ms. Counihan (looping)
Mrs. Crabb
New Teacher
New Teacher

4th grade

Ms. Tousignant(looping)
Mr. Maricque
Mrs. Eickholt
Mrs. Geiser
New Teacher

3rd Grade Safety Patrol Recruitment



Is your 3rd grader interested in learning more about Safety Patrol? [Click here](#) for more information.

with class. Being proud of how you performed, or at least being aware of things you need to improve for next time, is key.

When it comes to losing, good sportsmanship means congratulating the winners promptly and willingly. Also, it means accepting the game's outcome without complaint and without excuses, even if you sometimes might feel the referees made a few questionable calls.

When you win, the trick is to be a gracious and generous winner. Good sportsmanship means acknowledging victories without humiliating opponents, being quietly proud of success, and letting victories speak for themselves. Even if you win by a landslide, good sportsmanship means still finding ways to compliment your opponents.

Practicing Good Sportsmanship

So what does it take to demonstrate good sportsmanship in real-life situations? Here are some examples of things you can do:

- Learn as much as you can about your sport. Play by its rules. Show up for practice, work hard, and realize that on a team, everyone deserves a chance to play.
- Talk politely and act courteously toward everyone before, during, and after games and events. That includes your teammates, your opponents, your coaches and their coaches, the officials presiding over the game, and even spectators (who can sometimes be loud about their opinions).
- Stay cool. Even if others are losing their tempers, it doesn't mean you have to. Remind yourself that no matter how hard you've practiced and played, it is, after all, just a game.
- Avoid settling disputes with violence. If you're in a difficult situation or someone's threatening you, seek help immediately from your coach or from an official. Remember, too, that if you respond with violence you could get penalized, which could hurt your chances of winning.
- Cheer your teammates on with positive statements — and avoid trash-talking the other team.
- Acknowledge and applaud good plays, even when someone on the other team makes them.
- When officials make a call, accept it gracefully even if it goes against you. Remember that referees may not be right every time — but they're people who are doing their best, just as you are.
- Whether you win or lose, congratulate your opponents on a game well played.

Fair and Fun Good sportsmanship means not having a "win at any cost" attitude. Most athletes who don't have a "win at any cost" attitude are more likely to talk about how much they love their sport and how much personal satisfaction and enjoyment they get from participation.

Most people won't go on to play professional sports, and only a few will win scholarships to play at college. But many forget to have a good time during the years they do play because they're so focused on winning.

And, unfortunately, parents and coaches sometimes put too much pressure on athletes, emphasizing winning at all costs. So although it's great to be a champion, it's even better to have enjoyed the process of trying to reach the top. It's best to play fair while having fun.

Sportsmanship Off the Field

Learning good sportsmanship means finding that the positive attitude learned on the field carries over into other areas of life. At school, for example, you're able to appreciate the contributions made by classmates and know how to work as part of a team to complete a project. You may enjoy more success at work as well, because a big part of learning good sportsmanship is learning to be respectful of others, including customers and coworkers.

Staff Spotlight

So which staff member has a son that attends Meadowbrook, loves to walk and cherishes the relationships that she has built over the years with her students? **It's Mrs. Geiser!**

Mystery for this week:

This staff member has one daughter and a chocolate lab named Eloise. In her spare time she likes to train or half marathons; and enjoys coffee,

Let's Talk!

with Mrs. VanAsten and Mrs. Heim,
Speech-Language Pathologists

It's finally here! Warm(er) weather, sunnier days, and sometimes rainy ones too. As the old saying goes, "April showers bring May flowers." About those flowers and showers....they rhyme! Rhyming, along with sound identification, sound segmentation, and sound blending, are some of the foundational phonological awareness (P.A.) skills students build upon literacy with. While some children seem to learn these P.A. skills simply by listening to stories, reciting the alphabet, etc. other's need more direct instruction and lots of opportunities to practice. You can easily incorporate these P.A. skills into everyday activities with your child. Talk about words that rhyme (or "sound the same at the end"); begin with one word ("cat", for example) and provide another word that rhymes with it ("mat", "sat", "bat", etc.). Next, give two words and ask your child, "Do these words rhyme? Cat - hat". Developmentally, children will be able to identify whether or not words rhyme before they will be able to provide a partner rhyme for a given word. Once your child is successful in identifying whether or not words rhyme, take turns coming up with other words that rhyme with it. Even nonsense words are okay (bat, rat, tat, etc.)! As your child progresses in their writing, help them spell their words by stretching out the sounds they hear (c--a--t). When you are reading together, ask your child to read a few of the simpler words that sound the way they look (at, cup, hop, for example). Help them blend their sounds together until they say the word as a whole. When they are struggling, letting them know that you are proud of them for trying their best will help build their confidence. Offer gentle assistance to help guide them in the right direction. And when they DO get it, congratulate them for a job well done! Having a good P.A. skill set will help your child grow as a reading and a speaker.

As always, thank you for being an active participant in your child's learning!

WARM regards,
Mrs. Katie VanAsten and Mrs. Julie Heim

Clothing Needed for the Healthroom

As the snow melts, mud is sure to follow. The healthroom is getting low on spare clothes; specifically boys and girls clothes in size 10 and above, as well as socks. Any items you wish to donate can be dropped off in the office between 7:30-4:30, or you can send them with your child and have them stop in the office when they arrive. If your child comes home in some of the spare clothing, please wash the items and return them to the office as soon as you can so they are available to others that may need them. Thank you for your consideration!

Lost and Found

We have never seen so many items looking for their owners! Please feel free to stop in and look for anything your child is missing; or encourage them to take some time to see if they are able to locate any of their lost items. The Lost and Found is located across from the gym.



Save the Date

Sweet Safari for Education
Friday, May 11 – 5-8 p.m. @ New
Zoo & Adventure Park
Tickets are \$10 in advance/\$12 at
the door
Stay tuned for more details!

chocolate and more coffee!

The answer will be revealed in next week's newsletter!



District Activity Calendar

Our schools now use the Activity Scheduler from rSchoolToday as our School Calendaring system. All of the information is updated in real-time. This link [rSchoolToday Calendar](#) walks you through the process to view the events you choose. Once you choose what you want to see on the report it gives the option to subscribe to the calendar.

Friday, April 27; Friday, May 4, & Friday, May 18 (3:45-5:30 pm) **2018 BAY PORT YOUTH TENNIS CLUB -BOYS & GIRLS IN GRADES K-6.** Match Play 4:30-5:30. If you have any questions, please call Coach Steve (651-261-7283).
<http://howardsuamic470.corecommerce.com/bay-port-youth-tennis-club-2018.html>

Saturday, April 28 - The 7th Annual 2myles4autism Run/Walk is coming up Saturday, April 28 at Meadowbrook Elementary – 9:00 am. This event is named after, Myles, a 9th grader at Bay Port with autism. The event was created to help raise awareness for autism and the message has morphed over the years to be about acceptance. 1 in 68 children are autistic and all of our children will live and work among people with autism. There is still time to register! Go to: <http://2myles4autism.weebly.com> to learn more and to register!

Tuesday MAY 1st—COLLEGE T-SHIRT/ATTIRE DAY! May 1st is the typical “commitment” date for seniors to confirm acceptance to their college of choice. Plan to wear college attire on Tuesday, May 1st to continue the college commitment tradition and start the conversation with students at the younger grade levels as well!

Saturday, May 5 - Rescheduled date for NEW Donate Life Walk

Summer Swim Lessons - Registration for summer will begin May 5 @ 8 a.m.

Friday, May 11 - Sweet Safari for Education 5-8pm. Tickets are \$10 in advance; \$12 at the door. Stay tuned for more details.

August 6-9 (Monday-Thursday) **Lady Pirate Youth Basketball 4 Day Skills Camp 2018**

Session 1 - Grades 3-5, 9-11 am & Session 2 - Grades 6-8, 11am-1pm. Cost \$35. Contact Liz Erdmann (815) 751-7678. Register online at www.howardsuamico470.corecommerc.com