


Howard-Suamico School District Menu November 2015

Monday	Tuesday	Wednesday	Thursday	Friday
2 Hamburger on a Bun Cheese Slice Lettuce, Tomato, Pickles Cauliflower Sugar Snap Peas/Dip Mixed Fruit Orange Wedges	3 Real Slice Cheese Pizza Broccoli Peaches Apple Slices Salad Bar 	4 2 Soft Shell Tacos with Meat & Cheese Lettuce, Tomato, Salsa Sour Cream Black Beans Rice Corn Pears Mandarin Oranges 	5 Salisbury Steak in Gravy Mashed Potatoes Cinnamon Roll Green Beans Mixed Fruit Grapes PIZZA SCHMIZZA at FOREST GLEN	6 Chicken Nuggets Ranch or BBQ Sauce Dinner Roll Broccoli Baby Carrots/Dip Applesauce Birthday Fruit Ice Milk Choice Strawberry Milk HAPPY BIRTHDAY, NOVEMBER BABIES!
9 Mini Corn Dogs Baked Beans Raw Veggies/Dip Pears Apple Slices 	10 Spaghetti & Meat Sauce Bread Stick Green Beans Peaches Mandarin Oranges Salad Bar 1 PIZZA SCHMIZZA at BAY 2 HARBOR & SUAMICO	11 Chicken Patty on a Bun Lettuce, Tomato Broccoli Crispy Cukes/Dip Mixed Fruit Banana 1 PIZZA SCHMIZZA at HOWARD & 2 MEADOWBROOK	12 BRUNCH FOR LUNCH: Ham French Toast Sticks Maple Flavored Syrup Mini Tri Taters Jicama Sticks Strawberries Pineapple 	13 Lotsa Mozza Sticks with Marinara Raw Veggies/Dip Corn Mandarin Oranges Pears
16 Chicken Tenders Ranch or BBQ Sauce Dinner Roll Sweet Potato Dippers/Dip Cauliflower Applesauce Orange Wedges	17 MUNCH-A-LUNCH: Yogurt & String Cheese Soft Pretzel w/Cheese Sauce Raw Veggies/Dip Banana Tropical Twist Juice Box 	18 NACHO GRANDE: Nacho Chips with Meat & Cheese Sauce Lettuce, Tomato, Salsa Black Olives, Sour Cream Rice Refried Beans Corn Peaches Pineapple	19 Pepperoni Pizza Broccoli Baby Carrots/Dip Mixed Fruit Pears Salad Bar	20 LUNCH WITH A DOG: Hot Dog on a Bun Pickle Relish, Onion Peas & Carrots Crispy Cukes/Dip Pineapple Apple Slices 
23 Hamburger on a Bun Lettuce, Tomato, Pickles Baked Beans Sugar Snap Peas/Dip Pears Banana 	24 FALL FEAST: Diced Chicken in Gravy Mashed Potatoes Stuffing Bread Slice Broccoli Baby Carrots/Dip Cranberry Relish Mandarin Oranges Apple Slices Pumpkin Muffin Squares	25 1/2 DAY - NO LUNCH WATCH FOR MORE INFO AND RECIPES WITH CRANBERRIES THIS MONTH	26 	27 
30 Mini Corn Dogs Baked Beans Raw Veggies/Dip Pears Peaches				








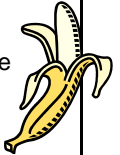



Cranberries

To harvest cranberries, the beds are flooded with six to eight inches of water above the vines.



Alternate entree offered daily. Fat-free chocolate, skim, or 1% milk included with meal. Lunch price is \$2.00 for grades K-4, \$2.20 for 5-8, \$.40 reduced price, and \$.35 milk. This institution is an equal opportunity provider and employer.

Elementary Breakfast Menu - November 2015

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cinnamon Pop-Tart Cinn Graham Squares Flavored Applesauce Juice Milk Choice	3 Bacon Scramble Pizza Grapes Juice Milk Choice	4 Banana Bread Orange Wedges Juice Milk Choice 	5 Chocolate Chip Waffle Apple Slices Juice Milk Choice 	6 Trix Cereal Cinn Graham Squares Banana Juice Milk Choice
9 Chocolate Chip Muffin Grapes Juice Milk Choice 	10 Breakfast Taco Cinn Graham Squares Banana Juice Milk Choice	11 Cocoa Krispies Bar Hard-Cooked Egg Apple Slices Juice Milk Choice 	12 Pancake Wrapped Sausage Cinn Graham Squares Banana Juice Milk Choice 	13 Cinnamon Toast Crunch Cinn Graham Squares Orange Wedges Juice Milk Choice
16 Trix Yogurt Chocolate Chip Gripz Cinn Graham Squares Grapes Juice Milk Choice	17 Egg & Cheese Sandwich Cinn Graham Squares Banana Juice Milk Choice 	18 Pumpkin Choc Chip Square Margarine Cheese Stick & Orange Wedges Juice Milk Choice	19 Cinn Glazed French Toast Flavored Applesauce Juice Milk Choice	20 Krave Cereal Pouch Cinn Graham Squares Apple Slices Juice Milk Choice 
23 Banana Bread Orange Wedges Juice Milk Choice 	24 Breakfast Bagel Pizza Cinn Graham Squares Flavored Applesauce Juice Milk Choice	25 Fudge Pop Tart Cinn Graham Squares Banana Juice Milk Choice	26 NO SCHOOL	27 NO SCHOOL
30 Trix Yogurt Chocolate Chip Gripz Cinn Graham Squares Grapes Juice Milk Choice 			Includes choice of 1%, fat free chocolate, or skim milk. Menu is subject to change. Meal price is \$1.25; meal is free to those approved for free or reduced price meals. This institution is an equal opportunity provider and employer.	



Cranberry MAZE

