


Howard-Suamico School District K-8 Lunch Menu September 2017

Monday	Tuesday	Wednesday	Thursday	Friday
4 Labor Day—No School	5 Cheese Pizza Broccoli Raw Veggies/Dip Mixed Fruit Peaches National Cheese Pizza Day!	6 Chicken Nuggets Ranch or BBQ Sauce Dinner Roll Peas & Carrots Salad Bar Pears Grapes	7 Soft Shell Tacos with Meat Cheese, Lettuce, Tomato, Salsa, Sour Cream, Olives Rice Corn Pineapple Banana	8 Mini Corn Dogs Baby Carrots/Dip Green Beans Applesauce Mandarin Oranges Birthday Cupcake Happy Birthday September Babies!
11 Portesi Cheese Fries with Marinara Sauce Broccoli & Cauliflower Cucumbers/Dip Pears Pineapple	12 Diced Chicken in Gravy Mashed Potatoes Dinner Roll Raw Veggies/Dip Grapes Mixed Fruit Pizza Schmizza at Bay Harbor & Suamico	13 Cheesy Hot Dog on a Bun Macaroni & Cheese Baby Carrots/Dip Salad Bar Peaches Apple Slices Snickerdoodle Cookie  WISCONSIN WEDNESDAY	14 Spaghetti with Meat Sauce Garlic Bread Cucumbers/Dip Green Beans Mandarin Oranges Banana Pizza Schmizza at Howard & Meadowbrook	15 Brunch for Lunch Ham French Toast Sticks Mini Tri Taters Raw Veggies/Dip Applesauce Strawberries & Blueberries
18 Hamburger on a Bun Cheese Slice Lettuce, Tomato, Pickles Raw Veggies/Dip Green Beans Pears Mandarin Oranges	19 BAY PORT BOWLS Chicken Smackers Mashed Potatoes Dinner Roll Corn Grapes Applesauce	20 Cheese Omelet Cinnamon Roll Sweet Potato Cross Trax Cucumbers/Dip Applesauce Pineapple	21 Nachos with Meat Cheese Sauce Lettuce, Tomato, Olives, Salsa, Sour Cream Refried Beans Baby Carrots/Dip Pears Watermelon	22 Stuffed Crust Pepperoni Pizza Salad Bar Peas & Carrots Mixed Fruit Apple Slices
25 Cheesy French Bread Marinara Sauce Raw Veggies/Dip Broccoli & Cauliflower Pineapple Mixed Fruit	26 Chicken Patty on a Bun Lettuce & Tomato Baked Beans Cucumbers/Dip Grapes Mandarin Oranges Pizza Schmizza at Forest Glen	27 MUNCH A LUNCH Yogurt & String Cheese Soft Pretzel with Cheese Sauce Jicama Sticks Cantaloupe Applesauce Tropical Twist Juice Box	28 Football Chicken Nuggets Ranch or BBQ Sauce Dinner Roll Green & Gold Beans Baby Carrots/Dip Banana Apple Slices GO PACK GO!	29 Lotsa Motsa Sticks Tomato Soup Crackers Salad Bar Peaches Pears
Alternate entree offered daily. Fat-free chocolate, skim, or 1% milk included with meal. Lunch price is \$2.25 for grades K-4, \$2.50 for 5-8; and \$.40 reduced price. Menu is subject to change. This institution is an equal opportunity provider and employer.				
				

HSSD Elementary Breakfast Menu - September 2017

Monday	Tuesday	Wednesday	Thursday	Friday
4 Labor Day—No School	5 Cereal Bowl (Lucky Charms or Cinnamon Toast Crunch) Fruit Choice Juice Cup	6 Pumpkin Chocolate Chip Muffin Square String Cheese Fruit Choice Juice Cup	7 Breakfast Taco Salsa or Ranch Dressing Fruit Choice Juice Cup	8 Mini Pancakes (Maple or Strawberry) Fruit Choice Juice Cup
11 Double Chocolate Muffin String Cheese Fruit Choice Juice Cup	12 Bacon Scramble Pizza Fruit Choice Juice Cup	13 Homemade Strawberry/ Blueberry Smoothie Vanilla Bear Grahams Fruit Choice Juice Cup	14 Mini Cinnamon Rolls Fruit Choice Juice Cup	15 Cereal Pouch (Krave or Apple Jacks) Cinnamon Graham Squares Fruit Choice Juice Cup
18 Breakfast Bread Slice (Zucchini, Cocoa, or Bana- na) Fruit Choice Juice Cup	19 Mini Chocolate Chip French Toast Fruit Choice Juice Cup	20 Cereal Bar (Trix or Fruity Cheerios) Hard-Boiled Egg Fruit Choice Juice Cup	21 Pancake Wrapped Sausage Fruit Choice Juice Cup	22 Mini Chocolate Donuts Fruit Choice Juice Cup
25 Pop-Tart (Fudge or Strawberry) Cinnamon Graham Square Fruit Choice Juice Cup	26 Egg Sandwich Fruit Choice Juice Cup	27 Pumpkin Chocolate Chip Muffin Square String Cheese Fruit Choice Juice Cup	28 Mini Cinnamon Donuts Vanilla Graham Bears Fruit Choice Juice Cup	29 Mini Cream Cheese Bagels (Strawberry or Cinnamon) Fruit Choice Juice Cup
<div style="border: 1px solid black; padding: 5px; margin: 10px auto; width: 80%;"> <p>Includes choice of 1%, fat free chocolate, or skim milk. Fruit choices include, but are not limited to, apple slices, grapes, oranges, applesauce, banana, or orange wedges. Meal price is \$1.30 for grades K-4, \$1.40 for grades 5-8; meal is free to those approved for free or reduced price meals. Menu is subject to change. This institution is an equal opportunity provider and employer.</p> </div>				
				