



October 5, 2016

**Meadowbrook Elementary**  
**is participating in Walk to School Day on**  
**Wednesday, October 5, 2016**

Join children and adults around the world to celebrate  
the benefits of walking and bicycling.

**About our event:**

Walk to School Day is an annual event that promotes walking and bicycling  
for several reasons:

- ✓ Daily physical activity
- ✓ Teaching safe pedestrian and bicycling skills to children
- ✓ Awareness of how walkable and bikeable a community is and where improvements  
could be made
- ✓ Concern for the environment
- ✓ Reducing traffic congestion, pollution and speed near schools
- ✓ Sharing time with community leaders, parents and children

Learn more at

[walkbiketoschool.org](http://walkbiketoschool.org)

Walk to School Day is coordinated in the U.S.A. by  
the National Center for Safe Routes to School.

